## **GOLD COAST COMMUNITY SERVICES DIRECTORY**

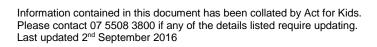
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	APPs AND SERVICE DIRECTORIES	
Lifeline Service Finder App	Downloadable on Smart Phones	National directory of health and community services linking with more than 85 000 free and low cost services across Australia.
Oneplace Community Services Directory	www.oneplace.org.au	An easily accessible online directory of community services to help Queensland families to get to the right service at the right time.
Watch Over Me – The Personal Safety App	Downloadable on ITunes	Designed for people who may find themselves in an unsafe environment. The person can shake the phone and a distress message (including current location) will be sent to the safety contacts entered.
	CHILD SAFETY	
Office of the Public Guardian	1800 661 533 0418 740 186 (SMS) <u>child@publicguardian.qld.gov.au</u>	Promotes and protects the rights, interests and wellbeing of children and young people in Queensland.
Department of Communities, Child Safety and Disability Services – Regional Intake Service (South East)	1300 679 849 http://www.communities.qld.gov.au/childsafety	The Regional Intake Service (RIS) is the contact point when you have concerns for a child and suspect that a child is being harmed or is at risk of future harm. When you ring RIS your details will be confidential and your identity (if provided) will be protected by law. Mon-Fri 9am to 5pm.
Department of Communities, Child Safety and Disability Services – Child Safety After Hours Service Centre	07 3235 9999 1800 177 135 (Free call – Queensland only) http://www.communities.qld.gov.au/childsafety	Outside business hours contact point when you are concerned a child has been harmed or is at risk of harm.
Department of Communities, Child Safety and Disability Services – LABRADOR SERVICE CENTRE	Level 1 BRP House, 118 Brisbane Road, LABRADOR 07 5558 7201	Mon-Fri 9am to 5pm Please refer to A/H number outside of these hours.
Department of Communities, Child Safety and Disability Services – MERMAID BEACH SERVICE CENTRE	Shop 9, Pacific Square, 2532 – 2540 Gold Coast Highway, MERMAID BEACH 07 5562 7800	Mon-Fri 9am to 5pm Please refer to A/H number outside of these hours.
Department of Communities, Child Safety and Disability Services – NERANG SERVICE CENTRE	24 White Street, NERANG 07 5558 1888	Mon-Fri 9am to 5pm Please refer to A/H number outside of these hours.
Foster and Kinship Care Support Line	1300 729 309	Provides foster and kinship carers with access to after-hours support. Mon-Fri 5:00pm to11:30pm Sat-Sun 7:00am to11:30pm
	CHILDCARE / DAYCARE	
C & K Family Day Care	PO Box 1636 MUDGEERABA, 4213 0408 771 518 <u>www.candk.asn.au</u> Contact Person: Emma	Childcare – birth to 12 years. Community service offering full or part time, evenings, overnight, weekends, before/after school, vacation care, occasional care and emergency care.
Centrelink – Child Care Benefit Enquiries	132 300 www.humanservices.gov.au	Helps families with the cost of child care for long day care, family day care, occasional care, outside school hours care, vacation care and registered care.
Child Care Access Hotline	<u>1800 670 305 or 133 684</u> <u>www.mychild.gov.au</u>	Helps families find childcare and vacancies in their area.



Online Childcare Resources	www.careforkids.com.au	Map of childcare centres and vacancies.
Special Child Care Benefit (SCCB)	http://www.humanservices.gov.au/customer/forms/fa023	Application for reduced child care fees due to unexpected financial hardship.
Time for Kids After School and Vacation Care	Griffith Way, SOUTHPORT 07 5570 2300	Long day care and Early Childhood Centre.
YMCA Gold Coast Family	4 Railway Parade, NERANG	Home based child care. Children 1
Day Care/ In-Home Child	07 5503 7400	12 years – full time/ part time.
Care	www.ymcachildcare.com.au	Evenings, overnight/ weekends.
	CLOTHING AND FURNITURE ASSISTANCE	<u> </u>
Anglican Crisis Care Inc. –	36 Hamilton Avenue, SURFERS PARADISE	Mon-Thur 10am to11am.
Welfare Office	07 5531 6013	By Appointment; must hold a healt care card.
Appliances Online	www.appliancesonline.com.au	Discounted electrical/whitegoods – all new, free delivery, installation and removal of old whitegoods.
Lifeline Shop	PALM BEACH 07 5525 6566	Mon-Fri 9am to 5pm. Sat 9am to 2pm.
Plus One Care	56 Gemvale Road, REEDY CREEK 07 5522 0802	Mon-Fri 8:30am- to 5:00pm. Gold Coast residents only.
Salvation Army	www.+onecare.org 15 Nind Street, SOUTHPORT	Mon, Tues, Thurs, Fri 9am to
Salvation Anny	07 5591 6914	3:30pm and Wed 9am to 1pm.
	1300 36 36 22	Vouchers available for clothing and
	http://www.salvos.org.au/	furniture if funding allows
St Vincent De Paul	126-130 Allied Drive, ARUNDEL 07 5561 4728	Outreach appointments for food, clothing and furniture assistance.
	www.vinnies.org.au	
	COMMUNITY AND NEIGHBOURHOOD CENTRES	
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COUNSELLING – ADULT AND FAMILY To access private Psychology & Mental Health Social Work services please see your GP for a Mental Health Care Plan (MHCP) to a private psychologist or social worker. Details of registered Psychologists can be found on the Australian Psychological Society website at www.psychology.org.au (Select the tab "Find a Psychologist"). Registered Social Workers can be found at www.aasw.asn.au. NOTE: Community and Neighbourhood Centres offer individual and family counselling (see page 3).		
Centacare Family & Relationship Services	50 Fairway Drive, CLEAR ISLAND WATERS 07 5527 7211 or 1300 236 822 Outreach services available at Southport, Upper Coomera and Beenleigh www.centacarebrisbane.net.au	Family, relationship & individual counselling available. Counselling for children (over 5) & adolescents available. Parenting programs & Men's Behavioural Change Program.
Compassion Services	7/9 Sir John Overall Drive, HELENSVALE 07 5529 7255 www.compassionservices.com.au	Provides counselling, support groups, social support. Services by appointment. Mon-Fri 9am to 5pm.
Emotional Healing for Women & Youth	SOUTHERN GOLD COAST 0418 845 178 (Bernadette Desmond)	Counselling for women and youth. Groups and short courses also run.
Family Relationships Centre	11/207 Currumburra Road, ASHMORE 07 5656 1700 or 1300 236 822 www.centacarebrisbane.net.au	Mediation services for separated families. Helping families build better relationships and assisting them through separation.
Family Relationships Advice Line	1800 050 321 www.familyrelationships.gov.au	Telephone service to assist families with information, advice and referral to overcome relationship difficulties or through separation/family dispute resolution. Information about time with children & parenting orders.
Uniting Care Community – Child, Youth and Family Services	2741 Gold Coast Highway, BROADBEACH 5579 6000 (face to face counselling) 13 11 14 (24 hour telephone counselling)	Counselling support provided for couples, families and individuals suffering crisis or emotional distress. Courses also run for children, men, women, parents and youth.
New Life Care Inc.	4 Greenwich Court, ROBINA 07 5593 3262 or 07 5593 1568 www.newlifeuniting.com	Individual and family counselling, relationships issues/conflict, grief and loss, abuse, marriage enrichment, child and teenage management, self-esteem, financial counselling and various programs available.
Mindhack Effective Psychology	Shop 6, 15 Welch Street, SOUTHPORT 5591 5976	Dr Sia Bandarian-Balooch specialises in complex cases for adults.
Relationships Australia	VARIOUS LOCATIONS 1300 364 277 www.relationships.org.au	Addiction, financial and family relationship counselling and mediation available to everyone. Gambling help is free – support groups for family and friends available. By appointment.
Salvation Army – Southport	157 Wardoo Street, SOUTHPORT 1300 36 36 22 or 07 3349 5046 http://www.salvos.org.au/	Offering counselling and support. Also provide support for bereavement of suicide. By appointment.
Veterans & Veterans Family Counselling Service	12 Short Street, SOUTHPORT 1800 011 046 www.dva.gov.au/health/wcs	Counselling service to help veterans and their families on personal, social and health problems. Mon- Fri 8:30am to 4:30pm.
Victims Counselling and Support Service (Relationships Australia)	14 Marine Parade, SOUTHPORT 1300 364 277 www.raq.org.au	VCSS provides free counselling and support to people who are affected by crime directly or indirectly. 24 hour referral service.



	COUNSELLING – CHILDREN AND YOUNG PE	EOPLE
To access private Psycholo	gy or Mental Health Social Work services please se	
(MHCP). Details of register	ered Psychologists can be found on the Austra	lian Psychological Society website at
	Select the tab "Find a Psychologist"). Register	
	ively, for referrals specifically for children and yo	oung people please see your GP for an
	ical Services (ATAPS) referral.	
	ghbourhood Centres offer counselling for children	
	es can also be found in Youth Services (see page 2	
Child And Youth Mental	Robina Health Precinct	Provides specialised community
Health Services (CYMHS)	Level 3, 2 Campus Drive, ROBINA	mental health service to children
Composion Convisoo	07 5635 6392	and adolescents.
Compassion Services – Compassion 4 Kids	7/9 Sir John Overall Drive, HELENSVALE 07 5529 7255	Play therapy counselling for children 3-10 years of age.
Compassion 4 Kids	07 5529 7255	Referrals accepted for a variety of
		issues.
Flourish	Act for Kids Building	Centre-based counselling for
libulish	31 Olsen Avenue, LABRADOR	children 0-17 years old who have
	07 5508 3822 (Intake Enquires)	experienced harm or are at risk of
		harm.
Gold Coast Youth Service	15 Oak Street, MIAMI	Professional counselling is
	07 5572 0400	available by appointment.
	www.goldcoastyouthservice.com	
Headspace	26 Railway Street, SOUTHPORT	Service for young people providing
•	07 5509 5900	youth friendly health care, support,
	www.headspace.org.au/goldcoast	counselling and programs.
Kids Helpline	1800 551 800	24 hour telephone counselling for
	www.kidshelp.com.au	children 5-18 years.
Mindhack Effective	Shop 6, 15 Welch Street, SOUTHPORT	Dr Susan Rowe works with children
Psychology	5591 5976	who have experienced trauma. Also
,		provides family therapy and
		parenting skills support.
Paradise Kids	88 Allied Drive, ARUNDEL	Providing support for children and
	07 5574 6853	their families suffering major illness,
	www.paradisekids.org.au	grief and/or loss. Can be death of a
		loved one, relationship breakdown
		(separation/divorce) or terminal
		illness. Call to arrange
		appointment.
Uniting Care Community – Child, Youth and Family	2741 Gold Coast Highway, BROADBEACH 5579 6000 (face to face counselling)	Counselling support provided for couples, families and individuals
Services	13 11 14 (24 hour telephone counselling)	suffering crisis or emotional
Services	13 11 14 (24 flour telephone courselling)	distress. Courses also run for
		children, men, women, parents and
		youth. Pathways to Grow program.
Young Carer Counselling	11/54 Gold Coast Highway, PALM BEACH	Young carers include people under
and Support Program	07 5534 2899	26 yearrs of age who support or
	http://www.youngcarers.net.au	care for a family member or friend
		with a disability, mental illness or
		other long-term illness. Can provide
		counselling, outings and social
		support. Mon-Fri 9am to 5pm.
YouThrive	Suite 22, Riverwalk Place	Service offering psychology,
	238 Robina Town Centre Drive, ROBINA	speech therapy & occupational
	07 5575 7122 (Ph)	therapy to children & young people.
	07 5593 0065 (Fax)	Also offers a variety of group
	enquiries@youthrive.com.au	programs. Mon-Fri 9am to 5pm and
		Sat 9am-1pm.
Alcoholics Anonymous	CRISIS HELPLINES 07 55912 062 or 1300 222 222	24 hour helpline
AIGHORIGS ANOLYMOUS	http://www.aa.org.au	
After Hours Child Cofety		For reporting opposite for
After Hours Child Safety	1800 177 135	For reporting concerns for children's safety and wellbeing
Beyond Blue	1300 224 636	Mental health information line
	1000 227 000	



Crime Stoppers	1800 333 000	Reporting crime information
Disaster Hotline	1800 606 000	Call for updates – number only
		activated during disasters
Domestic Violence 24 Hour Counselling	1800 811 811 or 1300 656 800	24 hour helpline
Drug Arm 24 Hour Counselling	1300 656800	24 hour helpline
Gamblers Anonymous	1800 002 210 www.gamblersanonymous.org.au	24 hour helpline
Homeless Persons Information Queensland	1800 474 753	Information and referral service for people who are homeless or at risk of being homeless – 24 hours, 7 days.
Kids Helpline	1800 551 800 www.kidshelp.com.au	24 hour phone counselling for children 3-10 years
Lifeline	13 11 14	24 hour telephone counselling
Medcall After Hours Service	07 5531 1224	After hours home visiting GP bulk- billing service – 7pm-7am.
Men's Line	1300 789 978	24 hour phone support
Parentline	1300 301 300	24 hour helpline
SANE Australia Helpline	1800 187 263	Mental health helpline. Mon-Fri 9am to 5pm.
Sexual Assault Helpline	1800 010 120	7:30am- midnight, 7 days per week
	DISABILITY	
Arundel Park Riding for the Disabled	387 Brisbane Road, COOMBABAH 07 5594 0305 (Ph) 07 5574 4836 (Fax) <u>Arundelpark_rda@iprimus.com.au</u> www.arundelparkrda.com.au	All ages – therapeutic and stimulating recreation through horse riding. Mon-Fri 8am-4pm; Sat 8am-12 noon
Autism Gold Coast Inc.	PO Box 2272, BURLEIGH HEADS, 4220 07 5539 9903 www.autismgoldcoast.com.au admin@autismgoldcoast.com.au	Supporting families of children and adults on the ASD spectrum. Services include resource library, telephone support, email/newsletters, support groups and workshops.
Blue care Allied Health Service	5/46 Smith Street, SOUTHPORT 07 5555 4444 www.bluecare.org.au	Offers professional allied health services to individuals.
Carer Advisory Service	PO Box 1798, HOLLAND PARK, 4121 1800 242 636	Provides information and support to carers in the home. Offers support, information and counselling.
Carers QLD – Support group	Powertel Building 23 Main Street, VARSITY LAKES 07 5522 6244 <u>www.carersqld.asn.au</u>	Social club for carers of a person with a disability. Meet monthly.
Cerebral Palsy League of Queensland (Gold Coast)	183 Varsity Parade, VARSITY LAKES PO Box 492, VARSITY LAKES, 4227 07 5532 2088 (Ph) 07 5665 3099 (Fax) www.cplqld.org.au	Support for people with cerebral palsy and related disabilities.
Choice, Passion and Life	183 Varsity Parade, VARSITY LAKES 1800 275 753 (Intake) 07 5665 3000 (Reception) <u>www.cpl.org.au</u> info@cpl.org.au	Home help for children, young people and adults with disabilities to help with household duties including cleaning, laundry, meal preparation & shopping. Appointments necessary.
Commonwealth Carelink Respite Centre	23 Main Street, VARSITY LAKES 1800 052 222	Information about community care programs, respite care, nursing care and household help.



Council Cab Service	Gold Coast Cabs 131 008 Volunteering Gold Coast Transport Services 07 5526 5288 transport@goldcoast.qld.gov.au	Assists older people and those with a disability travel to their local shopping centre. Return journey costs \$4.
Crossroads Gold Coast	4 Greenwich Court, ROBINA 07 5578 9322	A centre-based day care program that runs on Fridays 9:30am- 1:30pm for 40 weeks of the year. Open to any person with a physical or intellectual disability who receives HACC funding.
Disability Services Queensland (DSQ)	PO Box 8338 Gold Coast Mail Centre, BUNDALL, 4217 07 5656 5800 www.disability.qld.gov.au	Contact for referral information and advice regarding support and respite.
Foetal Alcohol Spectrum Disorder (FASD) Diagnostic Service	Located at Child Development and Behaviour Service (CDABS) – Level 6, 8-10 Karp Street, BUNDALL 07 5570 8553	Clinic providing diagnostic services for children living with FASD.
FSG Australia – Lakeview centre	Robina Town Centre Drive, ROBINA 07 5562 0232 www.fsg.org.au	Planned, goal orientated activities for people over 18 with a disability.
Gold Coast Employment Support Service	Suite 4/127 Nerang Street, SOUTHPORT 07 5591 9199 www.gcess.org	Open employment service for people with disabilities who want to obtain and maintain employment.
Gold Coast Recreation & Sport Inc.	PO Box 7209 Gold Coast Mail Centre, BUNDALL 07 5531 3312 www.gcrc.com.au	Community based organisation which provides sport and recreation to people with physical and/ or intellectual disability.
Gold Coast Advocacy Inc.	56 Scarborough Street, SOUTHPORT 07 5564 0355	Independent community based advocacy organisation.
Gold Coast Community Transport	07 5531 3312 Gold Coast City Council website – transport	Provides transport for groups of people with disabilities or frail aged. Groups only.
Gold Coast Housing Association	16 Railway Street, SOUTHPORT 07 5591 2706	Long term community housing provider for people with a disability/ family member with a disability. Tues-Thurs 9:30am to 3:30pm.
Headway – Gold Coast Inc.	25 Woodlands Way, ARUNDEL 07 5574 4311 www.headwaygoldcoast.org	Supported accommodation available for persons with head injuries. Referral from DSQ required.
Home and Community Care (HACC)	GOLD COAST 1800 600 300 www.qld.gov.au/communitycare	Queensland Community Care services for people under 65 with a disability (under 50 years for Aboriginal and Torres Strait Islander people).
Home Assist/Secure	07 5538 1947 – GOLD COAST CENTRAL 07 5531 3502 – GOLD COAST NORTH 07 5598 1073 – GOLD COAST SOUTH	Provides information and assistance on home repairs, minor modifications, maintenance and security for people over 60 with a disability.
Home Modification and Maintenance Program – St Vincent De Paul	126 Allied Drive, ARUNDEL 07 5561 4701 <u>Hacc.gc@svdpqld.org.au</u>	Targeted at frail, aged or disabled individuals to provide an array of in- house modifications to allow people to continue living independently.
Horizon Foundation COAST service	PO Box 315, ROBINA 07 5575 0222	Community access service which provides services to people with multiple disabilities. Centre-based services also provided.
House with No Steps	35 Hutchinson St, BURLEIGH HEADS 07 5593 8340 www.hwns.com.au	Training and employment services. Mon-Fri 8:00am to 4:30pm.



Library Service Gold Coast City Council – Special Needs Library	Corner White & Price Streets, NERANG 07 5581 7180	Free membership to special needs people eligible for library services. Referral from GP, social worker, therapist or special needs teacher in written form required. Wide range of equipment available.
Montrose Access – Gold Coast	Corner Allied Drive & Blyth Street, ARUNDEL 07 5509 9300 www.montroseaccess.org.au	Provides community based therapy and support services to eligible children (principally with a physical disability) and their families.
National Disability Services (QLD)	07 3357 4188 <u>www.nds.org.au</u>	Mon-Thur 9am to 5pm. Those with concerns regarding any type of disability.
Ozcare In-Home Care and Respite	PO Box 4094, ROBINA TOWN CENTRE 07 5569 6200 www.ozcare.org.au	Community nursing, access to in- home care and respite, day respite centres and other support systems
Ozcare Shopping and Transport Service	3 Frinton Street, SOUHTPORT 07 5583 7860 <u>comcare.labrador@ozcare.org.au</u>	Shopping and transport services for people with a disability. HACC eligibility required. Mon-Fri 8:30am to 4:30pm.
Transcord Community Transport	12/115 Currumburra Road, ASHMORE 07 5539 3733 www.transcord.com.au	Provides community transport for people with a disability and their carers'. Includes medical appointments. Mon-Fri 8am to 4pm.
Trinity Disability Support Service	9/151 Cotlew Street, ASHMORE 07 5564 7888	Helping adults with an Intellectual disability to live and participate in their community.
Young Carer Counselling and Support program	1800 242 636 http://www.youngcarers.net.au	Mon-Fri 9am to 5pm. Young carers include people under 26 years of age who support/care for a family member or friend with a disability, mental illness or other long-term illness. Service can provide counselling, outings and social support.
Volunteering Gold Coast Transport Services	07 5526 5288 sandras@volunteeringgc.org.au	Community transport services for frail, aged, elderly, disabled or disadvantaged residents of the Gold Coast. Token cost for trips.
	DISABILITY RESPITE	
	g respite services require Disability Services Queens	
Bethany Care (Including Hope Cottage – Short Term Respite)	4/175 Varsity Parade, VARSITY LAKES 07 5501 8070 <u>www.bethanycare.org</u>	Respite for people with a disability 5-65 years. Weekend respite for children. In-home respite over 18 years. Must contact Disability Services to link in with this service.
FSG Australia (Encompass & Envision Program)	16 Railway Street, SOUTHPORT 07 5564 0655 <u>www.fsg.org.au</u>	Respite care homes, weekend programs and host family programs.
Multicap Robina Respite House	3 Dulwich Place, ROBINA 07 5593 1592 <u>www.multicap.asn.au</u>	Respite for people 18-64 years who have an intellectual disability (low to medium care). Eligibility criteria apply.
Shepard Community Centre	73 Rio Vista Boulevard, BROADBEACH WATERS 07 5656 0555 www.centacarebrisbane.net.au	In home respite care and day activities for people 0-65 years with a disability. Enquire if service is under DS.
Southern Star Community Services	3 Chestnut Street, ELANORA 07 5535 3422	Respite for people 5-65 who have a disability. In home respite and a variety of day activities. Vacation care activities for children during school holidays.



	DOMESTIC VIOLENCE	
Assist A Sista	donate@assistasista.com.au www.facebook.com/AssistASista	Facilitates donations of clothing, furniture, non-perishable food, toys & other items to help survivors of DV. Operated via facebook.
DV Connect	1800 811 811	Confidential; 24 hours; counselling and refuge information.
Domestic Violence Prevention Centre (DVPC) Gold Coast	PO Box 409, SOUTHPORT, 4215 07 5591 4222 (Administration) 07 5532 9000 (Counselling) www.domesticviolence.com.au	Support service for women and children experiencing domestic violence (historically or currently). Also provides Southport Court Support – Level 2.
Centacare	07 5527 7211 – CLEAR ISLAND WATERS 07 5556 9900 – ASHMORE	Counselling and programs (some specific to DV) for men, women and children.
Men's Line – DV Connect	1800 600 636	9am –midnight.
Relationships Australia – Victims Counselling Support Service	SOUTHPORT & PALM BEACH 1300 139 703 www.relationships.com.au	VCSS provides free counselling and support for QLD residents who have been directly or indirectly impacted by crime or have experienced some form of trauma.
	DRUG AND ALCOHOL	
Al-Anon Family Group	Main Administration 07 5532 4320 07 5596 7664 (Julie – Gold Coast) 07 5576 4906 (Jackie – Gold Coast)	Regular meetings for relatives and friends of alcoholics and problem drinkers.
Alcohol and Drug Information Service	1800 177 833	24 hour telephone counselling and information service.
Alcoholics Anonymous	07 5591 2062 www.aa.org.au	Mon-Fri 9am to 2pm. Offers support to all persons with any alcohol related problem. Groups meet EVERY day all over the Gold Coast. Meeting lists available on the website.
AMEND (Assisting Mothers End the Need for Drugs)	18A West Street, BURLEIGH HEADS 07 5556 6700 amendgoldcoast@spiritus.org.au	Home based relapse prevention and relapse management program for pregnant and parenting women with substance use issues.
AODS (Alcohol & Other Drug Services) – Central Gold Coast	Southport Health Precinct Level 4, 16-30 High Street, SOUTHPORT 07 5687 9119	Confidential specialist alcohol and drug service providing referral/treatment/relapse prevention/case management and counselling. Mon-Fri 8:00am to 4:30pm.
AODS (Alcohol & Other Drug Services) – South Side Clinic	Palm Beach Community Health Service 1 <sup>st</sup> Floor, 5 <sup>th</sup> Avenue, PALM BEACH 07 5576 9020	Confidential specialist alcohol and drug service providing referral/treatment/relapse prevention/case management and counselling. Also provides opioid replacement treatment program. Mon-Fri 8:00am to 4:30pm.
AODS (Alcohol & Other Drug Services) – Needle Syringe Program	8 High Street, SOUTHPORT 07 5687 7062	Mon-Fri 10am to 4pm.
Currumbin Clinic	37 Bilinga Street, CURRUMBIN 07 5534 4944	Detox, in-patient and day programs for addictions. Dual-diagnosis.
Drug Arm	30/3-15 Jackman Street, SOUTHPORT 07 5532 0717 www.drugarm.com.au	Provides clinical & psychosocial interventions for people requiring alcohol & drug services. Support also available for people with dual- diagnosis of anxiety or depression.



Family Drug Support (FDS)	1300 368 186	Support groups and programs for family members impacted by a person's substance misuse.
Goldbridge Rehabilitation Services	9 Scarborough Street, SOUTHPORT 07 5503 1255 (Intake) www.goldbridge.com.au	Provides a range of rehabilitation services for people aged 21years and over in their use of alcohol and other drugs. Residential and non- residential support/ counselling/ education programs/ family support.
Lives Lived Well (Merge of Gold Coast Drug Council, Alcohol and Drug Foundation Queensland & Queensland Drug and Alcohol Council)	191 West Burleigh Road, WEST BURLEIGH 07 5535 4302 1300 550 016 (Tollfree) www.gcdrugcouncil.org.au	Offers a variety of out-client programs/services and a residential program (Mirikai) for people impacted by alcohol and drug use. Adults, young people and children.
Lives Lived Well – Kids in Focus	191 West Burleigh Road, WEST BURLEIGH 07 5535 4302 www.gcdrugcouncil.org.au info@gcdrugcouncil.org.au	Long term intensive in-home support for children, their parents and carers impacted by substance use in the family.
Narcotics Anonymous	07 5591 4522 1300 652 820 www.na.org.au	Regular meetings for people wanting support in relation to their drug use.
QUIHN – Needle and Syringe Program	12/99 West Burleigh Road, BURLEIGH HEADS 07 5520 7900 www.quihn.org.au	Needle and syringe program. QUIHN also provides other programs – contact for more details. Mon-Fri 9am to 5pm.
QUIHN – Positive Change Program	12/99 West Burleigh Road, BURLEIGH HEADS 07 5520 7900 www.quihn.org.au	Counselling and therapeutic support for people affected by illicit drug use seeking to reduce or cease drug use. Mon-Fri 9am to 5pm.
Salvation Army Fairhaven Detox and Rehabilitation Centre	4 Scarborough Street, SOUTHPORT 07 5630 7939 168 Macdonnell Road, EAGLE HEIGHTS 07 5630 7939	Residential and detox drug and alcohol rehabilitation (Eagle Heights). Assessment, referral, after care and transitional housing programs from "Turning Point" (Southport).
	EMPLOYMENT	
Artius Employment Services	07 5537 7944 www.artius.com.au info@artius.com.au	Assisting people 14-65 years with injury, illness, health condition, mental health or disability to find, or return or stay at work.
Busy at Work – Apprenticeship Service	6/45 Nind Street, SOUTHPORT 13 28 79 www.busyatwork.com.au	New Apprenticeship centre. Free advice, wage support, information and assistance on traineeships, apprenticeships and administration.
Busy at Work – Busy Beat	3/23 Nind Street, SOUTHPORT 07 5528 3816 07 5555 4700 (to make bookings for job seeking assistance) www.busyatwork.com.au	Provides 8 week program for young people 17-19 years disengaged from school to assist with work/study readiness. Community hub also provides free job seeking assistance (via booking or drop-in).
Busy at Work – Job Service Providers Service	07 5500 2233 www.busyatwork.com.au	Coordinates Centrelink referrals to employment services.
Career Employment Australia	2/10 Scarborough Street, SOUTHPORT 07 5532 7000 www.caegroup.com.au	Providing support for unemployed people of all ages – work skill courses and training.



Centacare Employment Group	Suite 5 Jandrene Plaza, Corner Nind & Scarborough Street, SOUTHPORT 07 5526 4822 Corner Fifth Avenue & Cypress Avenue, PALM BEACH 07 5525 7611	Helps people with disabilities or significant barriers to enter the workforce.
Centrelink	www.centacarebrisbane.net.au GOLD COAST Employment Services - 132 850 Youth and Students - 132 490 Families and Parents - 136 150 Disability, Sickness and Carers - 132 717 www.humanservices.gov.au	Offers a range of services from training assistance schemes to linked job vacancy boards. Centrelink also provides a social work service working across three sites – Biggera Waters, Nerang & Palm Beach.
CRS Australia	07 5583 0600 – BUNDALL 07 5569 3300 – COOLANGATTA www.crsaustralia.gov.au	On job work training for people with disabilities. Return to work programs, injury prevention and training.
Job Futures – South East Queensland	1/9 Windmill Street, SOUTHPORT 07 5528 5988 1/7 Palm Beach Avenue, PALM BEACH 07 5534 4484 16/492 Christine Avenue, ROBINA 07 5562 1550 www.jobfutures-seq.com.au	Provides free expert services, training and support to assist people to tackle difficult personal circumstances. Have a personal support program and employment and training programs.
Jobcare	Stella House 64 Ferny Avenue, SURFERS PARADISE 07 5538 0619	A free job search program for unemployed people wishing to return to work. Five week courses (4 mornings per week).
Mission Australia	VARIOUS LOCATIONS 13 11 24 www.mission.com.au	Provides job seeking services for unemployed people.
Salvation Army Employment Plus	VARIOUS LOCATIONS 13 61 23 www.employmentplus.com.au	Provides quality employment to those affected by unemployment.
	FINANCIAL ADVICE / ASSISTANCE	
Australian Securities & Investments Commission (ASIC)	1300 300 630 www.understandingmoney.gov.au	Website designed to give people more information and advice about managing their money, budgeting, saving, understanding credit and controlling debt.
Carers Queensland Inc.	2/1154 Gold Coast Highway, PALM BEACH 07 5534 2899	No Interest Loan Scheme (NILS) providing up to \$1200 for essential goods/services (eg. White goods and health aids). Mon, Tues, Thurs 10:00am to 2:30pm.
Centrelink – Social Work Department	132 850 https://www.humanservices.gov.au/	For Centrelink, Medicare and Child support queries. Social Work support can be provided.
Christians Against Poverty	1300 227 000 help@capaust.org www.capaust.org	Free debt counselling.
Citizens Advice Bureau & Gold Coast Legal Service	24 Davenport Street, SOUTHPORT 07 5532 9611 www.advicebureau.org.au	Free confidential financial counselling by appointment only. Will assist with Bankruptcy and look into alternative options. Mon-Fri 8:30am to 4:00pm.
Gold Coast Step Up Loan Program	07 5514 5306	Step Up Loan (up to \$3000) low interest personal loan. Mon, Wed and Thurs only.
Gold Coast Youth Service	15 Oak Avenue, MIAMI 07 5572 0400	Emergency relief assistance for young people (up to 25 years). Call



		for eligibility Mon-Fri 9:30am to 12:30pm.
Lifeline – Financial Counselling	2741 Gold Coast Highway, BROADBEACH 07 5539 9922	Financial counselling to assist people to get out of the cycle of debt. Budgeting support.
Nerang Neighbourhood Centre	29 Martin Street, NERANG 07 5578 2457	Fair Finance representative available for financial advice and No Interest Loans Scheme (NILS). Friday only.
North Gold Coast NILS	St Margarets Anglican Church 167 Beaudesert-Nerang Road, NERANG 07 5596 1055 gcnorth_nils@bigpond.com	No Interest Loan Scheme (NILS) providing up to \$1200 for essential goods/services (eg. White goods and health aids). Tue, Wed, Thurs 9am-12pm.
Palm Beach Neighbourhood Centre	16 Third Avenue, PALM BEACH 07 5598 1505 www.palmbeachnc.org.au	Financial counselling service.
Plus One Care	56 Gemvale Road, REEDY CREEK 07 5522 0802	Assistance with food, clothing, basic needs or financial assistance. Appointment required to be assessed for eligibility (financial crisis & living in local area)
Savers Plus	1300 610 355 saverplus@bsl.org.au www.anz.com/saversplus	A matched savings program providing an opportunity to have every dollar saved (up to \$500) matched with an additional dollar for your own or your family's education-related expenses.
Seeds of Hope NILS	148 Eastlake Street, CARRARA 07 5559 1302	No Interest Loan Scheme (NILS) providing up to \$1200 for essential goods/services (eg. White goods and health aids). Mon, Tues, Thurs 9am to 12pm.
Smart Money	www.moneysmart.gov.au	Website designed to provide information and resources for managing money.
The Smith Family – Learning for Life Program	370 Marine Parade, LABRADOR 07 5529 2043 07 5537 2385 www.thesmithfamily.com.au	Assistance with education, scholarships and financial support for educational related expenses. Coomera, Southport and Coolangatta school students only.
Uniting Care Community Financial Aid	1800 007 007 (Hotline)	Call for an appointment with a financial counsellor.
Wesley Mission	208 Highfield Street, ROBINA 07 5569 1800	No Interest Loan Scheme (NILS) providing up to \$1200 for essential goods/services (eg. White goods and health aids). Mon-Fri 9am to 2pm.
	FOOD ASSISTANCE – COASTWIDE	
St Vincent de Paul	07 5561 4702 (Helpline)	Clients cannot ring stores for assistance with food vouchers. Calls received on this line are referred to the local conferences. These conferences will then visit the client and will discuss with them their needs (food, furniture or clothing). Helping operates Mon-Fri 8:30am to 3:30pm.
Salvation Army	Elanora Community Services Centre Kalamunda Close, ELANORA 07 5521 0997 www.salvos.org.au	Mon, Tue & Thurs 10am to 1pm. Emergency relief in the form of food and vouchers for singles & families in financial distress. Appointments necessary and must provide Centrelink Income Statement.



Salvation Army	Southport Community Services Centre 3/80 Davenport Street, SOUTHPORT	Emergency relief in the form of food and vouchers for singles & families
	07 5591 2729	in financial distress. A referral from
	1300 363 622	Centrelink is required.
	www.salvos.org.au	Appointments necessary.
FC	DOD ASSISTANCE AND FOODBANKS – NORTHE	
Kalwun Development	1/30 Lawrence Drive, NERANG	Provides emergency relief in the
Corporation	07 5578 3434	form of food vouchers for singles &
	www.kalwun.com.au	families in financial distress.
	headoffice@kalwun.com.au	Application required. Must present
		the following: Identification (Driver's
		licence, Medicare Card or Pension
		Card), recent Centrelink Income
		Statement (with a Gold Coast address), current bank statement or
		mini-statement from ATM and
		evidence of a recent bill that is due
		or has been paid.
Nerang Neighbourhood	29 Martin Street, NERANG	Emergency relief available in the
Centre	07 5578 2457	form of food for singles & families in
	www.nncinc.com.au	financial distress. \$15 per box.
	foodbank@nncinc.com.au	Appointments necessary. Orders must be placed by 12 noon on
		Wednesdays. To be collected
		Thursday 1:30pm-4:30pm & Friday
		8:00am-10:30am.
New Life Foodbarn	16 Dunkirk Close, ARUNDEL	\$45 food parcels for pick-up or
	07 5571 6115	parcels can be delivered for a fee.
	0411 708 867 www.newlifefoodbarn.org	Boxes of fruit & vegetables from \$3.50. Must be registered.
	foodbarn@intnlc.org	Tues & Thurs 9am to 12pm
		Fri 9am to 11:30am
Peoples Market	2 Guara Grove, PIMPAMA	Food parcels available from \$20.
	0403 059 132 (Sandy Ritchie)	Order parcels online then select
	www.ppelsmarket.com.au	pickup location.
Set Free Care	Head Office:	Friday 3pm to 5:30pm. Provides weekly discounted food
Set liee Cale	5/17 Indy Court, CARRARA	parcels for \$17. Lunch program
	07 5500 4454	provided every Thursday 11am to
	sfgc@setfree.org.au	1pm at the Southport location.
	www.setfreecare.org.au	Head Office hours are Mon-Wed
	Creasilite Deptiet Church	10am to 3pm & Fri 10am to 2pm.
	Crosslife Baptist Church 170 Nerang Street, SOUTHPORT	Food Parcel Pick-up Locations:
	The Nerang Street, SOOTTI OKT	Southport – Thurs 12pm to 1pm
	United City Car Warehouse	Nerang – Thurs 2:30pm to 4pm
	4/22 New Street, NERANG	
The Pantry – Ashmore	Silver Bridle Community Centre	Trolley-load of groceries pre-
	Gidgee Court, MOLENDINAR	packed for \$10. First in, first served.
	0401 582 275 www.thepantrygc.com.au	Monday 11am to 12:30pm.
FC	DOD ASSISTANCE AND FOODBANKS – SOUTHE	RN GOLD COAST
Blair Athol Accommodation	93 Golden Four Drive, BILINGA	Material aid in the form of hot low-
and Support Program	07 5536 2173	cost meals are provided for people
-	www.blairathol.org	in need. \$2 per meal. Assessment
	bathol@blairathol.org	by welfare support worker and
Handa Of Companyion	Horitogo of Foith Church	according to need.
Hands Of Compassion	Heritage of Faith Church 63 Township Drive, WEST BURLEIGH	One off emergency assistance in the form of food parcels. Referral
	07 5576 5534	required from Centrelink/ other
		agency.
		agency.



Havafeed Community Relief	Community Hall, 2439 Gold Coast Highway, MERMAID BEACH 07 5520 3363	Emergency relief in the form of food, food parcels and showers available for singles or families experiencing financial difficulties. Tue & Thurs 6am-8am; Fri 11am- 1pm; Sun 8am-9am & 11:30am- 12:15pm.
Plus One Care	56 Gemvale Road, REEDY CREEK 07 5522 0802	Mon- Fri 10am to 4pm. Require a Centrelink income statement. Provides food assistance based on individual needs.
Peoples Market	307/87 Griffith Street, COOLANGATTA 0423 283 799 (Tony Doherty) www.ppelsmarket.com.au	Friday 12pm to 3:30pm. Food parcels available from \$20. Order parcels online then select pickup location.
Pregnancy and Family Support	Shop 8, 3 Park Avenue, BURLEIGH HEADS 07 5535 0444 <u>info@pfs.org.au</u>	Emergency relief available for pregnant woman & families with infants, children & adolescents under 16 years of age in financial distress. Aid includes food, baby goods and payment of rent or electricity bills. Appointments necessary and Health Care Card or Pension Card required.
St John's Crisis Care	36 Hamilton Avenue, SURFERS PARADISE 07 5531 6013	Provides a ready-to-eat meal and desert for people who drop into the centre. \$2 donation. Mon-Fri 11:30am-12:30pm.
Surfers Paradise Anglican Crisis Care	36 Hamilton Avenue, SURFERS PARADISE 07 5531 6013	Emergency relief for singles & families. Food aid & assistance with bills (if funding available). Current benefit card or medicare card required plus rent receipt. Mon-Thurs 9am to 11am
Trinity Anglican Mission Trinity Family Support Network	186 Robina Town Centre Drive, ROBINA 07 5578 7444 <u>www.tam.org.au</u> <u>admin@tam.org.au</u>	Appointment necessary. Emergency relief available for singles & families in financial distress. Aid includes food & dry goods. Mon-Thurs 10am to 3pm.
Uniting Church Community Care	89 Franklin Street, MUDGEERABA 07 5525 1309	Food pantry available – call to organise an appointment.
Vibe Care Community Pantry Tweed Heads	3 Beryl Street, TWEED HEADS 07 5536 7575	Grocery Distribution Centre. For weekly food updates text mobile number with word "Pantry" to 0421 234 633. Mon, Tues & Fri 9am to 11am and Thurs 9am to 12pm (NSW time).
Vibe Care Community Pantry Palm Beach	Shop 10, Eighth Avenue, PALM BEACH 07 5536 7575	Grocery Distribution Centre. For weekly food updates text mobile number with word "Pantry" to 0421 234 633. Mon, Wed & Thurs 1pm to 4pm.
	GOVERNMENT DEPARTMENTS	
Births Deaths and Marriages	Magistrates Court Hinze Street, SOUTHPORT 07 5583 5900 1300 366 430	Births Deaths and Marriages certificates.
Centrelink – Social Work Department	132 850 https://www.humanservices.gov.au/	For Centrelink, Medicare and Child Support Enquiries. Social Work support can be provided.



Child Support Agonov	Australia Wide	Support concreted paranta to
Child Support Agency	Australia Wide 131 272	Support separated parents to transfer payments for the benefit of their children.
CRS Australia	07 5583 0600 – BUNDALL 07 5569 3300 – COOLANGATTA www.crsaustralia.gov.au	On job work training for people with disabilities. Return to work programs, injury prevention and training.
Department of Communities	Level 2 Campus Alpha, 2 Investigator Drive, ROBINA 07 5656 5822 1800 177 120 07 5580 8274	Supports people with a disability, mental illness or frail aged.
Department of Education	Australia Wide 13 33 97	Childcare and education.
Department of Employment	Australia Wide 13 33 97	Employment and workplaces.
Department of Immigration and Citizenship (DIAC)	Brisbane 131 881 Citizenships: 131 880 or 07 3136 7152	Visas, citizenships applications, general immigration advice and information.
Department of Youth Justice	Pacific Square 2540 Gold Coast Highway, MERMAID BEACH 07 5562 7157	Support to young people in contact with the youth justice system.
Probation and Parole	McDonald House, 4 <sup>th</sup> Floor Corner Park & Connor Streets, BURLEIGH HEADS 07 5569 7910	Probation and parole services
Queensland Police Stations (QPS)	BROADBEACH – 07 5534 0222 BROADBEACH COMMS – 07 5581 2900 BURLEIGH HEADS – 07 5586 0444 COOLANGATTA – 07 5589 8444 COOMERA – 07 5519 5555 PALM BEACH – 07 5535 1171 SOUTHPORT – 07 5571 4222 SURFERS PARADISE – 07 5570 7888	Queensland Police Service law enforcement.
	HEALTH AND DEVELOPMENTAL	
13 HEALTH	13 432 584	Health information and advice by
	www.health.qld.gov.au	qualified health professionals 24 hours, 7 days.
Australian Hearing	VARIOUS LOCATIONS 131 797 www.hearing.com.au	Audio logical assessments, rehabilitation and hearing aids for most Centrelink and DVA pension card holders and children under 21 years.
Breast Screening Queensland – Gold Coast Service	132 050 www.health.qld.gov.au/breastscreen	Information about breast screening.
Child Development Service (CDS)	PO Box 206, SOUTHPORT, 4215 07 5687 9183 07 5687 9168 (Fax) <u>CDSGoldCoast@health.qld.gov.au</u> Clinic locations: Southport Centre Level 3, 16-30 High Street, Southport Health Precinct, SOUTHPORT Palm Beach Community Health Centre 9 Fifth Avenue, PALM BEACH Helensvale Community Health Centre 105 Lindfield Road, HELENSVALE	For children aged 0-10 years referred with developmental problems such as communication/speech, movement, emotions, behaviour and socialisation. Multidisciplinary teams available.
Community Child Health – Gold Coast	VARIOUS LOCATIONS 07 5687 9183 (appointments to all clinics) 1800 177 279 (after hours) 07 5687 9168 (Fax)	Child health services, milestone and developmental assessments and programs. Drop in clinics available.
Community Health Centre	07 5570 8500 – BUNDALL 07 5580 7800 – HELENSVALE 07 5506 7540 – TWEED HEADS	Health and welfare assessments. Wide range of services including clinical nurse, social workers,



		health aide, speech pathology, medical, psychologist, occupational therapist, podiatrist, baby clinics and mental health checks.
Emergency Dental Call Centre – Gold Coast Service District	VARIOUS LOCATIONS 1300 300 850 (Central booking number)	Priority based on need only. Require health care/pension card. Call for an appointment.
Gold Coast Hospital	1 Hospital Boulevard, SOUTHPORT 07 5519 8211 1300 744 284 07 5687 7880 (Fax) www.goldcoast.health.qld.gov.au	Emergency department open 24 hrs/ 7 days per week.
Gold Coast Sexual Health Clinic	2019 Gold Coast Highway, MIAMI (upstairs) 07 5576 9033	Free and confidential service (Medicare care not required). Testing, treatment and information about all aspects of sexual health and contraception. Mon-Fri 9am to 5pm. Appointment required.
Gold Coast Women's Health Clinic	2681 Gold Coast Highway & Cnr Elizabeth Avenue, BROADBEACH PO Box 579, BROADBEACH, 4218 07 5539 9344	Providing all types of women's health services. Direct bulk billing for health care card/ pension card holders.
Immunization – Gold Coast City Council	07 5581 6709 07 5581 5212 www.goldcoast.qld.gov.au/immunisation	Contact for immunization clinic timetables, locations and vaccinations available.
Infant-Parent Counselling and Consultancy Service – Helen Baker	Suite 126/80, The Pines, ELANORA 0402 226 106 07 5534 9082 <u>hbaker22@gmail.com</u>	Assessment and Therapy for families and infants (0-3 years). Specialist Infant Mental Health Consultancy, Supervision and Training. Support with improving parent/child interactions, building positive attachment and relationships between parents and children, sleep problems and parenting support.
Kalwun Health Services	14 Kortum Drive, BURLEIGH HEADS 07 5520 6799	Provides full medical facilities, health assessment, immunizations, women's business, diabetic care, podiatrist, eye clinic, massage, dietician, dental, HIV/AIDS, hearing, ante-natal and paediatrician services.
Medcall After Hours Service	GOLD COAST 07 5531 1224 www.medcall.com.au	After hours free service for patients in their homes by doctors that bulk bill.
Medicare	VARIOUS LOCATIONS 13 2011 www.medicareaustralia.gov.au	Government health scheme.
Medicines Information Line	1300 888 763 www.nps.org.au	Phone service to answer any medication related queries.
Poison Information Line	13 11 26	Phone service.
School Dental Clinics	07 5529 1985 – Biggera Waters School 0409 273 145 – Oxenford Primary School	Biggera Waters open Mon, Wed and Thurs 8:00am to 4:30pm. Oxenford available for emergency appointments. Child must be Queensland resident, 4 years or over who has not completed year 10.
Spectacle Supply Scheme	07 3136 3636 www.health.qld.gov.au/mass	Pensioners who have current Centrelink card and others with medical problems may be eligible for free glasses.



St John Ambulance Training	Suite 8, 45-49 Nind Street, SOUTHPORT	First Aid training – general and
Centre	07 5591 3911 www.stjohnqld.com.au	children. First Aid kits.
Vision Australia	1300 847 466 www.visionaustralia.org info@visionaustralia.org	Supporting people who are blind or have low vision. Mon-Fri 8:30am to 5:00pm.
YouThrive	Suite 22, Riverwalk Place 238 Robina Town Centre Drive, ROBINA 07 5575 7122 (Ph) 07 5593 0065 (Fax) enquiries@youthrive.com.au	Service offering psychology, speech therapy & occupational therapy to children & young people. Also offers a variety of group programs. Mon-Fri 9am to 5pm and Sat 9am-1pm.
	HOMELESSNESS AND CRISIS ACCOMMODATI	
Bannister House	07 5591 3492	Medium term accommodation for 16-19 year olds.
Blair Athol	93 Golden Four Drive, BILINGA 07 5536 2173	Emergency accommodation for those over 18 years. Crisis intervention and counselling, living skills, training, emotional support, practical assistance and advocacy. Budgeting and financial management. Call daily for vacancies.
Crisis Accommodation for Men	2 Monaco Street, SURFERS PARADISE 07 5592 3677 www.transformation.net.au	Overnight crisis accommodation for men. Check in at 4pm and check out at 8am.
Gold Coast Project for Homeless Youth	PO Box 2316, SOUTHPORT, 4215 07 5591 3746 07 5564 8360 (Intake) <u>www.homelessyouth.com.au</u>	Accommodation facilities and welfare advice for young people 16- 19 years. Mobile support service for young people 16-25 years at risk of homelessness.
Gold Coast Housing Company	PO Box 1156, ASHMORE CITY 07 5597 6300 www.gchousingco.com.au	Provides a range of community housing programs and affordable housing projects. Applicants must be registers with Dept. of Housing wait list.
Gold Coast Youth Service – Accommodation program	15 Oak Avenue, MIAMI 07 5572 0400 www.goldcoastyouthservice.com	Access Intake hours – 9:30am to 12:30pm Office hours – Mon-Fri 9am to 5pm.
Homeless Persons Information Queensland (HPIQ)	Phone service only 1800 474 753	Information and referral service for people who are homeless or at risk of being homeless – 24 hours, 7 days.
HATS (Housing Assistance Triage Team)	Blair Athol93 Golden Four Drive, BILINGA07 5536 5247 (General Triage: Families & Single Adults)Gold Coast Youth Service15 Oak Avenue, MIAMI07 5572 0400 (Young People Triage)	Supporting people sleeping rough and those having difficulty accessing the Homeless Service System. Mon-Fri 9:00am to 5:00pm.
Jessica Dunne Lodge	07 5536 2173 (after hours) ARUNDEL	Medium term facility for young
5	07 5574 6659	people 16-19 years.
Lawson House Crisis Accommodation	07 5564 8360	Crisis accommodation for young people 16-18 years. Referral from Child Safety required for young people under 16 years.
Orange Sky Laundry	VARIOUS LOCATIONS 0467 239 214 or 0424 054 113 goldcoast@orangeskylaundry.com.au	Free laundry service for people who are homeless. Call or email for timetable.



Ozoara Gold Coast	2 Frinton Street SOUTUDODT	Supported accommodation for
Ozcare Gold Coast Homeless Families Crisis Accommodation	3 Frinton Street, SOUTHPORT 07 5519 0300 www.ozcare.org.au	Supported accommodation for families with children. Call daily for vacancies and further information.
Salvation Army Stillwaters	173 Wardoo Street, SOUTHPORT 07 5591 1776	Crisis transitional accommodation for women and children (under 12
		years) and hostel type rooms for single women (18 years and over). Call daily for vacancies.
	HOUSING AND TENANCY	Call daily for vacancies.
Department of Housing	ROBINA TOWN CENTRE Level 2, Baazar Street, ROBINA	Housing applications/social housing/ transitional housing/ bond
	PO Box 4059, Robina Town Centre, 4226 General enquiries 07 5583 2200 (Ph) 07 5583 2242 (Fax) Maintenance enquiries 1300 650 917 Emergency maintenance (after hours) 1800 808 107	loans/ rental grants/crisis housing. Call for any housing needs.
	Housing Loans Service Line 1300 654 322 www.public-housing.qld.gov.au	
Families Back On Track	104-112 Allied Drive, ARUNDEL 07 5514 5300 (Ph) 07 5514 5399 (Fax)	Supported transitional housing. Referral required from Department of Housing.
Horizon Housing	07 5668 9400 Social Housing: Australia Fair Shopping Centre Level 10, 42 Marine Parade, SOUTHPORT Po Box 3680, AUSTRALIA FAIR, 4215	Social Housing Programs: Transitional housing options – referrals are made by Department of Housing.
	Affordable Housing (NRAS): Westfield Helensvale Shop 1120, Town Centre Drive, HELENSVALE (across from train station) hhc@horizonhousing.com.au www.horizonhousing.com.au www.dss.gov.au (NRAS)	Affordable Housing Programs: Provider of the Rental National Affordability Scheme (NRAS) – applicants must be registered with Department of Housing before applying for NRAS properties.
Kalwun Development Corp	1/30 Lawrence Drive, NERANG 07 5578 3434 www.kalwun.com.au	Housing assistance – no emergency accommodation available.
Queensland Tenant Advice and Referral Service (QSTARS)	1300 744 263 http://qstars.org.au	Free rental advocacy service. Self- referral process. Can assist with TICA removals and QCAT applications. Mon-Fri 9am to 5pm. Extended hours to 7pm Tues & Wed
Rent Connect	Robina Housing Service Centre ROBINA TOWN CENTRE Level 2, Bazaar Street, ROBINA 07 5645 8100 hhsrentconnectrobina@hpw.qld.gov.au	Assisting families to find and secure a home to rent in the private market. Specifically targeted at families struggling to access private rentals due to non-financial barriers.
Residential Tenancies Authority	GPO Box 390, BRISBANE, 4001 1300 366 311 www.rta.qld.gov.au	General tenancy advice and information.
STARH program (Wesley Mission)	208 Highfield Drive, ROBINA 07 5569 1838	Intake Mon-Thurs 9am to12pm. Early intervention housing service and case management service to assist families to maintain their accommodation.
Tenants Union of Queensland	1300 744 263 www.tuq.org.au	Free advice service for tenants. Advice Hours: Mon, Wed, Thurs 9am to 12:30pm



		Evening Advice: Tue & Wed
		3:30pm to 7:00pm.
Wesley Mission – Specialist Youth Housing Service	94-112 Fryar Road, EAGLEBY 07 3807 7988	Provides young people with transitional supported
Touth Housing Service	www.wmb.org.au	accommodation. Properties
		available in Southport area.
	INDIGENOUS SERVICES	
Aboriginal & Torres Strait	Level 1, Suite 8, 19 Short Street, SOUTHPORT	Community Legal Service provides
Islander Legal Service	07 5532 6988 (Ph)	free legal advice, support and
	07 5531 2880 (Fax) 1800 012 255 (24 hour emergency assistance)	counselling to all ATSI people. Legal advice and representation
	www.atsils.org.au	(criminal law).
Indigenous Health Service –	Main Office	Advanced health workers, child
Gold Coast	Palm Beach Community Health Service 9 Fifth Avenue, PALM BEACH	health workers, immunisation office, hospital liaison officers, dietician,
	07 5525 5630 (Ph)	nutritionists, chronic disease team
	07 5525 5629 (Fax)	and mental health team.
	07 5525 5707 - Coordinator	
	07 5525 5736 – Cultural Practice Program 07 5525 5640 – Immunisation Office	
	0755255652 - Dietician/Nutritionist	
	07 5525 5627 – Community Nutritionist	
	07 5525 5637 – Child Health Nurse	
Indigenous Hospital Liaison	07 5525 5630 – Mental Health Yan Coorara Gold Coast University Hospital	Available at the hospital for ATSI
Officers	Room 050 Ground Floor, D Block	people.
	Hospital Boulevard, SOUTHPORT	r - r -
	07 5687 3049 (Ph)	
Jellurgal Aboriginal Cultural	07 5687 3098 (Fax) 1711 Gold Coast Highway, BURLEIGH HEADS	
Centre, Tours and	07 5525 5955	
Information Hub	kalwunde@kalwun.com.au	
Kalwun Development	1/30 Lawrence Drive, NERANG	Range of services including
Corporation	07 5578 3434 or 07 5578 3044 (Ph)	housing, aged care, child
	07 5596 3649 (Fax) kalwunde@kalwun.com.au	protection, family support and cultural promotions.
	Raiwanac e Raiwan.com.au	Training Centre for organisational,
		business and community service
Kahara HAQQ		
Kalwun HACC	118 Bonogin Road, MUDGEERABA 07 5522 9197 (Ph)	Supports ATSI people in the Gold Coast area through the ageing
	07 5596 6058 (Fax)	process. It allows members of
	agedcare@kalwun.com.au	community to maintain their
		independence and thus enable
		them to remain at home longer and enriching their quality of life.
Kalwun Health Service	2020 Gold Coast Highway, MIAMI	Full medical facilities, dental
	07 5526 1112 (Ph)	service, health assessment and
	07 5526 1796 (Fax)	immunisations, targeted health
	reception@kalwu.com.au 07 5514 7100 – COOMERA	programs, access to allied health services and ante-natal.
Kalwun Housing	07 5578 3434	Affordable long-term
-		accommodation, social welfare for
		ATSI people with a Centrelink
Kalwun SEQ RE & FSS	14 Kortum Drive, BURLEIGH HEADS	referral and community referral. The Recognised Entity, Family
	07 5520 8600 (Ph)	Support and Foster & Kinship Care
	07 5520 2559 (Fax)	Service ensure ATSI people and
	admin@aicca.com	their families have the right to
		culturally appropriate advocacy, support, resources and information
		during the child protection and
		alternative care process.



	Labradar Campunits Caster	
Kirrawe Indigenous Corporation	Labrador Community Centre 55-57 Billington Street, LABRADOR	Indigenous Youth Mentoring, Indigenous Art Exhibition,
	07 5679 3471 (Ph)	Certificate II Health Support
	07 5679 3473 (Fax)	Service, Rosey's Cottage, Kirrawe
	rosemary@kirrawe.com.au	Kidz.
Krurungal ATSI Corporation	F5&9 Eastern Avenue, COOLANGATTA	Emergency relief, Drug and Alcohol
for Welfare, Resource and	07 5536 7911 (Ph)	prevention, intervention and referral
Housing	07 5536 7909 (Fax)	service.
	Reception@krurungal.com.au LEGAL	
Gold Coast Community Legal	2/18 Bay Street, SOUTHPORT	Free confidential financial and legal
Centre and Advice Bureau	07 5532 9611	counselling by appointment only.
	www.advicebureau.org.au	Will assist with Bankruptcy and look
		into alternative options. Mon-Fri
		8:30am to 4:00pm.
Legal Aid Queensland	100 Scarborough Street, SOUTHPORT (first floor)	Mon-Fri 9am to 5pm. Call for an
	1300 651188	appointment and to discuss
		eligibility.
Legal Services – The	11B/101A Main Street, BEENLEIGH	Mon-Fri 8:30am to 4:30pm.
Aboriginal and Torres Strait	07 3804 5033	
Islander Corporation (QEA)	1800 012 255 (24 hour emergency number)	
Robina Community Legal	Robina Community Centre	Free legal service to those in need.
Centre	196 Town Centre Drive, ROBINA	6:30pm to 8:30pm Thursday
	0423 466 286	evenings. No appointment
Walfara Dighta Cantra	www.rclc.net.au	necessary.
Welfare Rights Centre	Fortitude Valley 1800 358 511	Legal help for people with social security problems.
	1000 558 511	security problems.
Woman's Legal Service	12 Short Street, SOUTHPORT	A specialist community legal centre
Woman's Legal Service	07 5631 5920	providing free legal and social work
	1800 WLS WLS or 07 3392 0670	services to QLD women. Assists
	admin@wls.org.au	women in the areas of family law,
		child support, domestic violence
		and child protection.
	LGBTIQ+	
PFLAG (Parents and friends of Lesbian & Gay)	0400 767 832 www.pflagbrisbane.org.au	PFLAG is a peer support group that assist families and friends
of Lesblan & Gay)	www.phagbhsbarle.org.au	understand their LGBTIQ loved
		ones.
QLife	1800 184 527	QLife is a counselling and referral
	https://glife.org.au/	service for people of diverse sex,
		genders and sexualities. QLife
		provides nation-wide early
		intervention, peer supported
		telephone and web based services
		to support Lesbian, Gay, Bisexual,
		Transgender and Intersex (LGBTI)
		people of all ages. 5:30pm-10:30pm every day.
		Online Chat 5:30pm – 10:30pm
		every day.
QSPACE	Scarborough Street, SOUTHPORT	QSPACE is a drop – in centre
	(07) 5569 1826 161	specifically for young people (13-17
	0437013710	year olds). They support sexually,
	http://qspace.net.au/	sex and gender diverse youth
		(inclusive of Lesbian, Gay,
		Bisexual, Trans, Intersex, Queer,
		Questioning, Asexual, Pansexual etc).
QuAC – Healthy	1800 177 434 (Freecall)	QuAC's Healthy Communities
Communities	www.qahc.org.au/healthy-communities	program works with LGBTIQ people
		to improve their health and
		wellbeing. Some programs work
	1	across the entire community (eg



		mental health, ageing, CALD) or with specific groups and identities within the community (lesbian health, trans* health, intersex health etc).
	MEN'S SERVICES	
Centacare Family and Relationship Services	50 Fairway Drive, CLEAR ISLAND WATERS 07 5527 7211 or 1300 236 822 Outreach services available at Southport, Upper Coomera and Beenleigh www.centacarebrisbane.net.au	Men and family relationship services. Also provides a Men's Behavioural Change Program at Clear Island Waters venue only.
Crisis Accommodation for Men	2 Monaco Street, SURFERS PARADISE 07 5592 3677 www.transformation.net.au	Overnight crisis accommodation for men. Check in at 4pm and check out at 8am.
Dad's in Distress	1300 853 437 www.dadsindistress.asn.au	Providing information and support to Dad's.
Lone Fathers Association	(02) 6239 4650 0417 668 802 www.lonefathers.com.au	Gives advice to men and women on family law matters. Work towards bringing a fair and equitable family law and child support system.
Men's Drop In Group	Nerang Neighbourhood Centre 29 Martin Street, NERANG 07 5578 2457 07 5556 9900	Every Tuesday Morning 9am to 11am. Free, drop in. Call for information.
Men & Family Counselling and Consultancy	07 5559 1303 0411 144 519 www.menandfamilycounselling.com.au	Medicare bulk billing and rebates available. Crisis appointments available.
Men's Health and Wellbeing Association	GOLD COAST 0401 237 901 www.menshealthandwellbeing.org	Facilitated men's groups offering programs on life skills and giving men opportunities to gain new perspectives.
Men's Line	1300 789 978	24 hour hotline - telephone counselling and advice.
Nuts and Bolts Men's Group	UPPER COOMERA 07 5527 7211	Free group running 11:30am to 1pm every second Thursday.
	MENTAL HEALTH	
Acute Care Treatment Team	Suite 10, Ashmore Commercial Centre, 207 Currumburra Road, ASHMORE 07 5667 2000 www.health.qld.gov.au	First point of contact for GC mental health service. Provides mental health information, advice, intake, assessment and specialist short term psychiatric care.
Aftercare – PhaMS Program	Suite E/191 Varsity Parade, VARSITY LAKES 07 5562 4300 <u>www.aftercare.com.au</u>	Provides a strengths-based recovery approach to working with people living with mental illness. Various programs available.
Child And Youth Mental Health Services (CYMHS)	Robina Health Precinct Level 3, 2 Campus Drive, ROBINA 07 5635 6392	Provides specialised community mental health service to children and adolescents.
Federation Hub House (Mental Illness Fellowship)	10 Mick Veivers Way, SOUTHPORT 07 5591 1750	Provides programs to enhance an individual's independent living skills. Services include food preparation, life skills, budgeting etc. For people over 16 years.
FSG EnVision Programs	20 Railway Street, SOUTHPORT 07 5564 0655 www.fsg.org.au	Provides support for families and individuals affected by mental illness, psychiatric disability or dual psychiatric and intellectual or other disability.



Mental Health Association	3/15 Jackman Street, SOUTHPORT	Information, support and referral
Australia	1300 729 686	service. Runs support groups for
	www.mentalhealth.org.au	Bi-polar, depression, anxiety, PTSD
		and laughter club.
Mental Illness Fellowship of	3/14-28 Ivan Street, ARUNDEL	Provides mental health support to
Queensland	07 5563 8855	people over 16 years with a
		diagnosed psychiatric disability.
		Also fund PHaMs (Personal
		Helpers and Mentors service).
Partners In Recovery (PIR)	PO Box 2933, BURLEIGH WATERS, 4220	Provides support to people with
Gold Coast	1300 130 339	severe and persistent mental illness
	www.pirgoldcoast.com.au	with complex needs. Services and
		supports from multiple sectors to
		work in a more collaborative,
		coordinated and integrated way.
	MULTICULTURAL SERVICES	
Access Services	92 Wembley Road, LOGAN CENTRAL	Torture/trauma counselling,
	07 3412 8222	settlement support and case work,
	www.accesscommunity.org.au	employment and training and
	www.accesscommunity.org.ad	interpreter/migrant services for
		refugees and CALD clients.
Department of Immigration,	299 Adelaide Street, BRISBANE (Ground floor)	Visas, resident return, citizenship
Multicultural and Indigenous	131 881	applications.
Affairs		applications.
Allalis	www.immi.gov.au	
Gold Coast Mental Health	1300 642 255	CALD specific service.
and Integrated Care		
Migrant Centre Organisation	Shop 2, TAFE Building, SOUTHPORT	Skills and qualification recognition.
Migrani Centre Organisation	07 5591 7261	Legal referral, migration and VISA
	www.migrantcentre.org	advice. Mediation and conflict
	www.migranicentre.org	resolution. Translation, interpreting,
		counselling and consumer issues.
Multicultural Communities	1 Dominion Road, ASHMORE	Provides services to meet the
	07 5527 8011	needs of the culturally and
Council	07 5527 8011	
		linguistically diverse communities.
		Includes referral, advocacy and
Martin and English	07. Os art securit, Otra at, OOLITUDODT	advice.
Multicultural Families	27 Scarborough Street, SOUTHPORT	Provides services to multicultural
Organisation (MFO)	07 5571 0381	women and their families. Referral,
		advocacy and counselling. English
		classes, social activities. Mum's
		group.
Telephone Translating	Australia Wide	Provides interpreting assistance to
Interpreting Service	131 450	members of the community who
	1300 655 082 (To book on-site visit)	face communication difficulties.
Queensland Program of	07 3391 6677	CALD and refugee specific service.
Assistance to Survivors of	www.qpastt.org.au	••••=•••••••••••••••••••••••••••••••••
Torture and Trauma	<u></u>	
	07.0407.0000	
Queensland Transcultural	07 3167 8333	CALD and refugee specific service.
Mental Health Centre	1800 188 189	
Wesley Mission Expanded		CALD and refuree an esitie comise
	07 5569 1824	CALD and refugee specific service.
Horizons Program	07 5569 1824	CALD and refugee specific service.
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	PLAYGROUPS AND PARENTING	
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Many Community and Neigh Contact your local commun	PLAYGROUPS AND PARENTING bourhood Centres offer free and low cost playgroup ity and neighbourhood centre to find out what is avail Suite E/191 Varsity Parade, VARSITY LAKES	activities and parenting programs. lable (see page 3). Supported playgroup called "Poppy" for mothers with a mental



Child Support Agency -	STATE WIDE	Mon-Fri 8:30am to 4:45pm.
Department of Human Services	131 272	Mon-Fil 6.30am to 4.43pm.
City of Gold Coast Libraries	VARIOUS LOCATIONS 1300 465 326 www.goldcoast.qld.gov.au/library/events-activities	There are over 40 community centres on the Gold Coast.
City of Gold Coast Community Centres	VARIOUS LOCATIONS 1300 465 326 <u>www.goldcoast.qld.gov.au/community/community-</u> <u>centres</u>	There are over 40 community centres on the Gold Coast. Many of these community centres offer playgroup programs.
Communities for Children (Northern Gold Coast)	Oxenford and Coomera Community and Youth Centre 25 Leo Graham Way, OXENFORD 5529 8087 or 5580 4995 www.youthcentre.org.au family@youthcentre.org.au	Variety of parenting programs available each Term. Child minding is available for a fee.
Early Years Centres	40 Martin Street, NERANG 07 5578 1346 eycenquery@benevolent.org.au www.benevolent.org.au 5644 9400 – COOMERA SPRINGS 5656 6300 – LABRADOR	Offers a variety of parenting and playgroups.
Family Relationships Advice Line	1800 050 321	Telephone service to assist families with information, advice and referral to overcome relationship difficulties or through separation/ family dispute resolution. Information about custody/ parenting orders.
Grandparents Assisting Grandkids Support	07 5504 6178	Not for profit support group for grandparents/carers raising a child from a family member.
Infant-Parent Counselling and Consultancy Service - Helen Baker	Suite 126/ 80 The Pines, ELANORA 0402 226 106 07 5534 9082 <u>hbaker22@gmail.com</u>	Assessment and Therapy for families and infants (0-3 years). Specialist Infant Mental Health Consultancy, Supervision and Training. Support with improving parent/child interactions, building positive attachment and relationships between parents and children, sleep problems and parenting support.
Healthy GC (Medicare Local)	www.healthygc.com.au	Online parenting program resource providing an overview of available parenting programs and a list of services currently delivering these programs. On the website homepage click "Community Resources", "Parenting Programs" and download PDF copy of the resource.
KinKare Support Group	07 3287 1664 www.kinkare.com.au	Offers support and provides information re services to Grandparents caring for children and those denied access to their grandchildren.
Moo Music	Ormeau Centre 3 Cuthbert Drive, ORMEAU 0406 238 085 <u>moomusicqld@hotmail.com</u>	Interactive sessions for children and parents/carers to gain confidence and develop memory, language and coordination skills in a multi-sensory way. Operating Tuesdays 10am to 10:45am. Book your spot to join.



Parentline	1200 201 200 (offer hours)	Man Sun Rom to 10nm
Parenuine	1300 301 300 (after hours)	Mon-Sun 8am to10pm.
Disugraup Queensland	1800 171 881	Con appiat you and your family find
Playgroup Queensland	www.playgroupqueensland.com.au	Can assist you and your family find the right playgroup for you, near
	<u>mm.phygroupquoonoidina.com.au</u>	you.
Save the Children Mobile	07 3844 2699	Runs playgroups at various
Playgroup		locations on the Gold Coast.
Trinity Family Support	186 Robina Town Centre Drive, ROBINA	Information, advice and referral to
Network	07 5575 7241 www.trinityanglicanmission.com.au	health services, childcare, support
	www.trinityangicanimission.com.au	groups etc. Parent education and support for
		young Mum's and Dad's. Call for further details Mon-Fri 9am to 3pm.
YHES House (Youth Health	161 Scarborough Street, SOUTHPORT	Parent education and support for
and Education Service)	07 5528 5333 www.yhes.org.au	young Mum's and Dad's. Call for further details.
	PREGNANCY	
Australian Breastfeeding	VARIOUS LOCATIONS	Free breast feeding information,
Association	1800 6862 686	support and counselling for mothers and their families.
	www.abagoldcoast.com	
Children by Choice	1800 177 725 www.childrenbychoice.org.au	A counselling, information and referral service. Discuss all options
	07 3357 5377 (Face to face counselling in Brisbane)	for unplanned pregnancies.
Ellen Barron Family Centre	The Prince Charles Hospital, Rode Road, CHERMSIDE	Parenting support and information
Liter Barton r anning Centre	1343 2584 (13 HEALTH)	0-5 years 24hrs/ 7days.
Family Planning Queensland	07 3250 0240	Family planning organisation
	www.fpq.com.au	provides high quality sexual and
		reproductive health, clinical, educational and training services to
		Australian communities.
Pregnancy and Family	Unit 1, 4 Firebird Street, ROBINA	Free perinatal mental health
Support	07 5535 0444	support. Can assist families with children, including father support,
		providing education, baby clothes &
		equipment and emergency relief.
Pregnancy Counselling Link	1800 777 690	Mon-Thurs 9am to 7pm; Fri 9am to
		5pm.
SIDS and Kids Queensland	1800 628 648	Mon-Fri 9am to 5pm.
	1300 308 307 (After hours) RESPITE	
Anglicare	220-221 Highfield Drive, ROBINA	In-home and out of home respite for
/ lightaro	1300 610 610	people 18 years and over.
Bluecare	PO Box 1539, MILTON, 4064	"Gidget Girls" (Girls group) –
	07 5599 1949	community activities every
	1300 258 322 (General enquiries)	Thursday. "Have a Break" – fortnightly
		community activity group on
		Saturdays.
		Groups \$10 each session, transport
		provided. Respite Centre "Kirra Cottage" for people 18 years and
		over who have a disability.
Commonwealth Carelink	STATE WIDE	Occasional emergency respite. Can
Respite Centre	1800 052 222	arrange 24 hour emergency respite
		care. Please phone for details.
FSGA Respite Plus Program	1800 040 655	24 hour respite for
		emergency/unpredicted situations.



Multicap – Head Office	07 3340 9000	Emergency respite
Oz-Care	PO Box 4094, Robina Town Centre, ROBINA 07 5569 6200 www.ozcare.org.au	In-home care and respite/day respite centre. Community nursing – can sometimes provide services to young people but need to go through Disability Services. Age: 18 years and over.
	SEXUAL ABUSE	
Act for Kids – Sexual Abuse Counselling Service	GOLD COAST Service provided in the home Intake Enquires – 07 5508 3822	Counselling, psychoeducation and protective behaviours for children and parents impacted by sexual abuse.
Bravehearts	ASHMORE 1800 272 831 www.bravehearts.org.au	Counselling for children and young people suffering from child sexual assault up to 17 years. Free support for non-offending family members, friends or carers.
Gold Coast Centre Against Sexual Violence	07 5591 1164 www.stopsexualviolence.com	Specialist sexual violence intervention and prevention service. Provides counselling to women who have been raped and/or sexually assaulted at any time in their lives.
Gold Coast Sexual Health Clinic	2019 Gold Coast Highway, MIAMI 07 5576 9033 www.health.qld.au	Provides free and confidential sexual health services, testing and treatment. No Medicare card required. Available to all. Mon- Thurs 8am to 7pm & Fri 8am to 4:30pm.
Hopes Program – Uniting Care Community (UCC)	BROADBEACH 07 5579 6000 www.uccommunity.org.au	Provides counselling and support for children and young people who have been sexually abused. Referral from Child Safety required.
Tweed Valley Sexual Assault Service	Tweed Community Health Centre Florence Street, TWEED VALLEY 07 5506 7540	Support and counselling to all sexual abuse and rape victims - child and adult, male and female. Open Mon-Fri 8am to 5pm.
Victims Assist Queensland	1300 546 587	Financial assistance for counselling for victims of crime and sexual abuse/assault.
	YOUTH	
Active and Healthy Activities (Gold Coast City Council)	GOLD COAST 07 5581 5233 www.goldcoastcity.com.au/parks	Free and low cost sport and recreational activities for all ages.
Centacare	50 Fairway Drive, CLEAR ISLAND WATERS 07 5527 7211 www.centacarebrisbane.net.au	Adolescent mediation therapy, relationship education and counselling.
Gold Coast Institute of TAFE - Literacy and Numeracy Jump Start and Access 10	07 5581 8196	TAFE education to complete Year 10 and senior school certificates.
Gold Coast Youth Service	15 Oak Avenue, MIAMI 07 5572 0400 www.goldcoastyouthservice.com	Programs and support including Youth Access Support Services (YASS) 12-18years, Youth Accommodation Program (YAP) 16-21years, Housing Assistance Support Program (HASP) 16- 25years, Open Access 16-25years, Resource Development Service (RADS) and Chill Out Zone (COZ).
Headspace	H20 Broadwater 1/2 Nind Street, SOUTHPORT 07 5509 5900 www.headspace.org.au/goldcoast	Service for young people providing youth friendly health care, support, counselling and programs.



Lyfe - Youth Programs (through Lifeline)	07 5579 6000	Male and female specific groups for teens, including sporting and social activities.
Nerang Neighbourhood Centre	29 Martin Street, NERANG 07 5578 2457	Youth at risk worker available by appointment or referral.
Police Citizen Youth Clubs (PCYC)	07 5539 5774 - ASHMORE 07 5538 5201 - BROADBEACH 07 5578 2227 - NERANG	Various low cost activities and sporting programs.
Reconnect	100 Brisbane Road, BIGGERA WATERS 07 5644 3128 www.reconnect.org.au	A free service for young people (12- 18 years) at risk of homelessness offering family mediation and individual case work.
Ohana for Youth	PO Box 1730, BROADBEACH, 4217 5538 6600 1800 244 744 (Free call) <u>www.ohana.org.au</u>	A number of programs available designed to support young people 13-19 years. Coordinates Youth Pathways Program, School-based traineeships, Workplace Learning Program and Career Transition Support Programs targeted at young people at risk of disengaging or who have disengaged from education/training.
Wesley Mission - Gold Coast Hub Services	208 Highfield Drive, ROBINA 07 5569 1801 www.wmb.org.au	Services Include: Expanded Horizons Program (EHP): National suicide prevention program that supports young people who are refugees, lesbian, gay, bisexual or transgendered. Youth At Risk Alliance (YARA): Coordinates integrated case planning for young people aged 10- 17 with complex needs. Youth Support Coordinators: Provides individual support to those at risk from disengaging from education Complex Needs Assessment Panel for Youth (CNAPY): Provides integrated and coordinated services for children aged 0-10 who have multiple and complex needs.
YHES House (Youth Health and Education Service)	161 Scarborough Street, SOUTHPORT 07 5528 5333 (Ph) 07 5528 5444 (Fax) www.yhes.org.au	Parent education and support for young Mum's and Dad's. Call for further details.
Youth Enterprise Trust (through Evolve Therapeutic Services)	PO Box 46, TAMBOURINE, 4270 07 5543 6899 <u>www.yet.net.au</u>	Wilderness experience camps. YET motivates and empowers young people to discover their self-worth.
Young Carers	Elanora House 1 Pines Lane, ELANORA 07 5525 5425	Support for young carers in secondary schools.
Youth Connect	Community Centre 2A Gidgee Court, MOLENDINAR PO Box 735 Ashmore City, 4214 07 5679 5772 (Ph) 07 5597 5622 (Fax) www.youthconnectgc.com	Provides an interactive and supportive environment for young people 10-18 years to engage in a range of recreation and leisure options. Workshops and youth specific programs also available.



You.nique	Suite 3, 24 Bay Street, SOUTHPORT 07 5679 3300 You.nique@accoras.com.au www.accoras.com.au	Providing advice, connections and tailored support to children and young people (up to 18 years) who are at risk of mental illness or are experiencing signs of mental illness. Delivers proactive family programs to children, young people and parents.
Youth Flourish	HQ – 50 Cavill Avenue, SURFERS PARADISE 1300 803 710 info@youthflourish.org http://www.youthflourish.org	Trauma informed adventure programs for young people.
Youth Support Worker (Wesley Mission)	Julie Schlabach 0409 695 756 07 5569 1811 j.schlabach@wmb.org.au	Offers service information, advice and support to young people 12-18 years and their families in the Southern Gold Coast region

## NOTES:

