

Our menu provides a wide range of healthy options. We cater for vegan. vegetarian, dairy free and gluten free lunches for the students.

We understand that a healthy diet is important for growing bodies and minds.

Our menu provides an emphasis on fresh and healthy food with plenty of variety.

The PBC Canteen always supports local suppliers where we can.

## Brenkfast

Brekky Burger - egg, bacon, sausage, cheese, hash brown, BBQ sauce	\$5.50
<b>Brekky Wrap -</b> bacon, egg, cheese baked in a tortilla	\$3.50
<b>No Cheese Brekky Wrap DF -</b> egg, bacon, BBQ sauce	\$3.00
Ham & Cheese Toastie	\$4.00
Cheese Toastie	\$2.50
Vegemite & Cheese Scroll	\$3.00
Fresh Fruit Salad Sml	\$2.50
Fresh Fruit Salad Lge	\$4.00
Banana Bread	\$3.00
Ham & Cheese Croissant	\$4.50
Yoghurt with Toasted Muesli & Berries	SML \$3.50 LGE \$5.00



**SML \$5.00 / LGE \$7.00** 

**Chicken Pasta Caesar -** penne pasta, chicken, egg, bacon, parmesan cheese, lettuce

**Creamy Pesto Pasta Salad -** sun dried tomato, red onion, carrot, parmesan cheese with nut free pesto

**TEX-MEX Pasta Salad -** lettuce, corn, tomato, red onion, cheese, spring onion and homemade salsa dressing

**Rice Noodle Salad VGN -** rice noodle, capsicum, cucumber, red onion, carrot, cabbage wih sweet chili dressing

# Everyday Hot Food

Pizza Sub	\$2.50
Meat Pie	\$4.50
Sausage Roll	\$4.00
Cheese & Spinach Roll	\$5.00
Meat Ball Sub	\$5.00
Chicken Fingers	\$2.50
Hot Dog with cheese	\$4.00
Hot Dog	\$3.50
Garlic Bread	\$2.50

### **HOMEMADE**

Penne Pasta Bake V	SML \$3.00 / LGE \$5.00
Pesto Pasta NF	SML \$4.00 / LGE \$6.50
Penne Carbonara	SML \$4.50 / LGE \$6.50
PIZZA	\$5.50 - \$6.00

Margherita V
BBQ Chicken
Ham & Pineapple
Meatlovers



#### **BURGERS**

Burger of the Day	\$7.00
<b>Cheeseburger -</b> beef, cheese, BBQ sauce	\$5.00
<b>Chicken Burger - crumbed</b> chicken pattie, cheese and BBQ sauce	\$5.50

## Founcia, Wrops and Sandwiches

### - MADE FRESH DAILY -



#### **SANDWICHES**

Ham, Cheese & Tomato	\$4.50
Ham & Cheese	\$4.00
Ham & Salad	\$5.50
Cheese & Tomato	\$4.00
Cheese & Salad	\$5.50
Egg & Lettuce with mayo	\$5.00
Curry Egg	\$4.50
Chicken & Salad	\$6.00
Chicken, Baby Spinach with mayo	\$5.00

#### **WRAPS**

Crispy Chicken Wrap - chicken tender,	\$5.00
tomato, lettuce, with PBC secret mayo	

<b>Sweet Chilli Chicken Wrap - sweet</b>	
chilli tender, coleslaw mayo, cheese & sweet chilli sauce	LGE \$7.00
& SWEET CHIIII SOUCE	•

Chicken Caesar Wrap - chicken,	
egg, bacon, parmesan, cheese, lettuce	LGE \$7.00

Chicken & Bacon Wrap - chicken,		
bacon, parmesan cheese, tomato, lettuce, avocado & ranch dressing	LGE \$7.00	



### **SMALL \$4.00 / TWIN \$7.00**

### - MADE FRESH DAILY -

Crispy Chicken & Avocado Avocado VGN Tuna & Mayo GF Terriyaki Chicken



# Snacks

Cheese & Crackers	SML \$3.00 LGE \$5.00
Small Finger Bun	\$2.00
Fresh Baked Muffins	\$2.00
Cookies	\$1.50
Jelly	\$1.00

### Ice Creams

<u> </u>	
Frostie Fruit	\$3.00
Lifesaver	\$3.50
Frozen Fruit Cups	\$1.00
Icey Pole (Lemonade or Raspberry)	\$2.00
Drumstick	\$5.00
Vanilla Ice Cream Cup	\$1.00
Milo Cup	\$4.50

V - Vegetarian	VGN - Vegar
DF - Dairy Free	NF - Nut Free
GF - Gluten Free	

MONDAY  Chicken Poke Bowl \$6.50  Advocado Poke Bowl \$6.50  Tuna Poke Bowl \$6.50  TUESDAY  Chicken or Avocado Rice Paper Rolls \$7.00  Karaage Chicken Bowl - chicken, rice, lettuce, tomato, cucumber, onion  WEDNESDAY  Chicken, Pork or Beef Burritos \$ML \$4.50 LGE \$7.00  Nachos (Beef or Pork) \$6.50  THURSDAY  Steamed Bao Bun - Pulled pork/ Karaage chicken, coleslaw & Japanese mayo  Chicken Noddle Stir Fry \$7.00  Vege Noodle Stir Fry (V) \$6.50  FRIDAY  Pizza Day \$5.50 - \$6.00		
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Advocado Poke Bowl \$6.50  Tuna Poke Bowl \$6.50  TUESDAY  Chicken or Avocado Rice Paper Rolls \$7.00  Karaage Chicken Bowl - chicken, rice, lettuce, tomato, cucumber, onion  WEDNESDAY  Chicken, Pork or Beef Burritos \$ML \$5.00 LGE \$7.00  Nachos (Beef or Pork) \$6.50  THURSDAY  Steamed Bao Bun - Pulled pork/ Karaage chicken, coleslaw & Japanese mayo  Chicken Noddle Stir Fry \$7.00  Vege Noodle Stir Fry (V) \$6.50  FRIDAY	MONDAY	
Tuna Poke Bowl \$6.50  TUESDAY  Chicken or Avocado Rice Paper Rolls \$7.00  Karaage Chicken Bowl - chicken, rice, lettuce, tomato, cucumber, onion  WEDNESDAY  Chicken, Pork or Beef Burritos \$ML \$5.00 LGE \$7.00  Nachos (Beef or Pork) \$6.50  THURSDAY  Steamed Bao Bun - Pulled pork/ Karaage chicken, coleslaw & Japanese mayo  Chicken Noddle Stir Fry \$7.00  Vege Noodle Stir Fry (V) \$6.50  FRIDAY	Chicken Poke Bowl	\$6.50
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Karaage Chicken Bowl - chicken, rice, lettuce, tomato, cucumber, onion  WEDNESDAY  Chicken, Pork or Beef Burritos  Nachos (Beef or Pork)  SHE \$7.00  Nachos (Beef or Pork)  \$6.50  THURSDAY  Steamed Bao Bun - Pulled pork/ Karaage chicken, coleslaw & Japanese mayo  Chicken Noddle Stir Fry  \$7.00  Vege Noodle Stir Fry (V)  \$6.50	TUESDAY	
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Nachos (Beef or Pork)  THURSDAY  Steamed Bao Bun - Pulled pork/ Karaage chicken, coleslaw & Japanese mayo  Chicken Noddle Stir Fry  \$7.00  Vege Noodle Stir Fry (V)  \$6.50	WEDNESDAY	
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Karaage chicken, coleslaw & Japanese mayo  Chicken Noddle Stir Fry \$7.00  Vege Noodle Stir Fry (V) \$6.50  FRIDAY	THURSDAY	
Vege Noodle Stir Fry (V) \$6.50 FRIDAY	Karaage chicken, coleslaw &	\$6.50
FRIDAY	Chicken Noddle Stir Fry	\$7.00
	Vege Noodle Stir Fry (V)	\$6.50
Pizza Day \$5.50 - \$6.00	FRIDAY	
	Pizza Day	\$5.50 - \$6.00

### Cold Drinks

Flavoured Milk 300ml - Chocolate or Strawbery	\$3.00
Milk Full Cream 500ml	\$3.00
Milk 500ml - Real Chocolate	\$4.00
Poppers - Apple, Orange, Blackcurrant	\$2.50
Juice 500ml	\$4.00
<b>Up &amp; Go -</b> Chocolate, Banana, Vanilla	\$3.00
Water 600ml - \$2.00 / 1L -	\$3.00
Oak Protein Milk - Chocolate, Vanilla	\$4.50
Slushi	\$3.00

# Canteen Opening Hours

Breakfast: 8.00am - 9.00am Lunch 1: 11.30am - 12.10pm Lunch 2: 1.20pm -1.50pm

Payments can be made by cash or EFTPOS.

The canteen provides a service for students and staff during school hours.

